

**Evropski centar** za mir i razvoj Terazije 41 11000 Belgrade, Serbia

ECPD Headquarters

European Center for Peace and Development Centre Européen pour la Paix et le Développement Centro Europeo para la Paz y el Desarrollo Европейский центр мира и развития



Belgrade, 10 October 2023

**European Center for Peace and Development of the University for Peace established by the United Nations (ECPD)** has the honour to inform you that, in the framework of the ECPD International Program of Transfer of Knowledge System in the field of Biomedical and Medical Sciences, we organize

## **ECPD SPECIALIST SEMINAR**

# LASER THERAPY

#### (Belgrade, 24 - 25 November 2023)

We have the pleasure to invite you to take part in the work of the **ECPD Specialist Seminar "Laser Therapy".** The seminar is designed for specialist training of **doctors**, **dentists**, **and physiotherapists with diploma of higher education in health care** for the use of low power laser for therapeutic purposes.

Teaching plan includes the following topics:

- Laser beam characteristics
- Types of lasers
- Biological effects of laser
- Application of low power laser in medicine
- Application of laser in physical medicine, sport medicine, dermatology, rheumatology, dental medicine, neurological diseases
- Treating wounds with laser
- Reflex-therapy and laser-puncture
- Introducing techniques of work and practical training for the use of low power laser
- Bioptron light therapy

**Director** of the Seminar is **Prof. Dr. Milica Lazović**, Professor at the ECPD UN University for Peace and the State University in Novi Pazar - Department of Rehabilitation. The lectures will be delivered by reputed experts in this field.



#### **Organisation of the Seminar**

The curriculum of the Seminar includes theoretical lectures and practical training for the use of laser for therapeutic purposes.

ECPD will provide participants of the Seminar with appropriate literature and teaching materials to help them follow the lectures effectively.

#### Certificate

Based on the participation in lectures and acquired knowledge and skills during the Seminar, participants will receive an internationally and nationally recognized Certificate of the ECPD University for Peace established by the United Nations.

#### Application for participation and participation fee

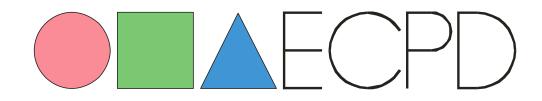
Participation fee for the Seminar is EUR 250.

**An application**, together with a copy of your Diploma should be delivered to the following address: European Center for Peace and Development (ECPD) UN University for Peace, Terazije 41, 11000 Belgrade, Serbia; E-mail: ecpd@Eunet.rs and office@ecpd.org.rs; www.ecpd.org.rs

We are looking forward to receiving your application and welcoming you at the Seminar.

Sincerely yours,

DIRECTOR OF ECPD BIOMEDICAL ECPD EXECUTIVE DIREKTOR AND MEDICAL STUDIES (Prof. Dr. Negoslav Ostojić) (Academician Vladimir Kanjuh) SEMINAR DIRECTOR (Prof. Dr. Milica Lazović)



### **ECPD SPECIALIST SEMINAR**

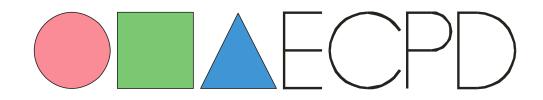
# LASER THERAPY

## PROGRAM

Day One	
08:30-09:00	Registration of participants
09:00 – 09:30 09:30 – 11:00	<b>Opening of the Seminar</b> <b>Biophysics of lasers</b> Definition of laser Sources of laser Types of lasers Properties of laser light Regime of work
11:00 - 11:15	Break
11:15 – 12:45	<b>Biological effects of laser therapy</b> Primary effects (biochemical, bioelectrical and bioenergy effects) Secondary effects (stimulation of microcirculation and stimulation of cell metabolism) Therapeutic effects (analgesic, anti-inflammatory, anti- oedematous and bio-stimulation effects)
13:00 – 14:30	Dosage principles Harmful effects of laser therapy Indications for laser therapy
14:30 - 15:00	Break
15:00 – 16:30	<b>Practical training</b> Work techniques Review of the treatment protocols Preventive measures against damage caused by laser
16:30 - 16:45	Break

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16:45 – 18:15	<b>Laser therapy of osteoarticular system</b> Programme for the treatment of degenerative rheumatic diseases Programme for the treatment of inflammatory rheumatic diseases
18:15 – 19:00	<b>Practical training</b> Programme for the treatment of osteoarticular system
Day Two	
08:00 – 09:30	Post-traumatic conditions and laser therapy Sport medicine and laser therapy Application of laser in the treatment of cervical and lumbar pain syndrome Laser therapy and ear, nose and throat diseases
09:30 - 09:45	Break
09:45 – 11:15	Practical training
11:15 – 11:30	Break
11:30 – 13:00	Application of lasers in dental medicine Skin diseases and laser therapy Laser therapy in treating wounds
13:00 – 14:30	Break
14:30 – 15:30	Application of lasers in peripheral motor neuron damage Application of laser therapy in the treatment of neuralgia
15:30 – 16:30	Practical training
16:30 – 17:00	Round table with panel discussion
17:30 – 18:00	Delivery of the international Certificates of the ECPD UN University for Peace



EUROPEAN CENTER FOR PEACE AND DEVELOPMENT (ECPD) UNIVERSITY FOR PEACE ESTABLISHED BY THE UNITED NATIONS

# ECPD SPECIALIST SEMINAR **LASER THERAPY**

(Belgrade, 24 - 25 November 2023)

### **APPLICATION FORM**

1. First and last name		
2. Qualifications		
3. Specialty		
4. Organisation (name, address, postal code, place, telephone, fax)		
5. Job or position		
6. Contact address (if different from above-specified)		
7. Telephone		
Fax E-mail address:		
8. Licence number:		
The Application Form should be delivered to the European Center for Peace and Development of the University for Peace established by the United Nations, Terazije 41, 11000 Belgrade; E-mail: ecpd@EUnet.rs and office@ecpd.org.rs		
The participation fee should be paid through ECPD account. Regarding the payment instructions and pro-forma invoice, please contact ECPD Financial Department: Tel: +381 11 3246 041; E-mail: ecpd@EUnet.rs and office@ecpd.org.rs		
Note: A copy of your Diploma must be delivered!		

Place and date: \_\_\_\_\_ Applicant: \_\_\_\_\_